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**Evgeny Plyuschenko visited 2009 ITF Taekwon-Do World
Championships**

On the second day of the XVI ITF Taekwon-Do World Championships held in Saint Petersburg Olympic Champion in figure skating Evgeny Plyuschenko who is currently preparing for the 2010 Winter Olympics in Vancouver at the training rink of Yubileyny Sports Complex visited the competitions.

- As a boy I dreamt of doing martial arts – kickboxing, karate or taekwon-do. And like other boys I was much interested in the activity of the famous actor Jean-Claude Van Damme, loved watching his *Bloodsport*. To be honest, sometimes I rehearsed some of his kicks on pillows. Though unfortunately it was impossible to combine my figure skating practice with martial arts, I have retained however my interest to these sports till now, admitted **Evgeny Plyuschenko**.

- **And what are your impressions of the competitions as a spectator?**

- It is a strikingly interesting and spectacular sport! The first thing I saw as I entered the arena was a beautiful and precise kick struck by an athlete at the rival with spin – this shows the level of the championships participants. It is great that my favourite and beloved city hosts such wonderful competitions. And for me personally it is a great opportunity to charge with this energy and to tune in for the upcoming Grand Prix in October in Moscow.

