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**Second day of 2009 World Championships:
three top teams – DPR Korea, Russia-1, Bulgaria**

Competitions of the second day of the XVI ITF Taekwon-Do World Championships in Saint Petersburg came to an end today with the finals in female sparring in weight categories up to 45, 57, 69 and over 75 kg and male special technique event.

Three gold medals in female sparring went to DPR Korea allowing the team to strengthen its leading position in general team ranking after two competition days with its 14 gold medals. While the victory of Amalia Koleva in up to 57 kg weight category allowed the Bulgarian team with two gold medals to move to the second position in team ranking. Team Russia-1 with three gold medals is currently holding the second position.

Premysl Shestak (Czech Republic) became 2009 World Champion in male special technique.

Amalia Koleva (Bulgaria), World Champion in sparring in up to 57 kg weight category: The semi-final fight against the Korean Ri Hjan was the most difficult for me at this Championship. Winning a gold medal was my main task but I am not going to finish at this. Besides, I am also participating in team sparring event at this championship.

Premysl Shestak (Czech Republic), special technique World Champion: Taekwon-Do is unfortunately not so popular in my country as football or hockey - commercially profitable sports. But I am very glad with my performance in Saint Petersburg. Besides, I would like to note the good organization of the tournament and the beautiful opening ceremony that impressed me much.

Individual sparring, female:

Up 45 kg: 1. Kim Yong Ok (DPR Korea). 2. Nishanova (Uzbekistan). 3. Vasilenko (Russia-2), Baranova (Ukraine).

Up 57 kg: 1. Koleva (Bulgaria). 2. Ale (Argentina). 3. Monier (Canada), Ri Hyang (DPR Korea).

Up 69 kg: 1. Kim Pom Mi (DPR Korea). 2. Panchelat (Croatia). 3. Trentcheva (Estonia), Lykousa (Greece).

Over 75 kg: 1. Ri Chol Ok (DPR Korea). 2. Balagova (Russia-2). 3. Posingerova (Czech Republic), Dukova (Bulgaria).

Individual special technique, male:

Sestak (Czech Republic). 2. Ganya (Russia-2). 3. Nuomerue (Bulgaria).

