



**PRESS RELEASE #17**

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**2009 World Championships Day 4: gold medals won by representatives of DPR Korea, Russia, Canada and Moldova**

The final day of the **XVI ITF Taekwon-Do World Championships** in Saint Petresburg featured **six sets of medals** in power breaking and team sparring categories.

Representatives of team Russia-1 performed in both **team sparring competitions**. In **female** team sparring the 2009 world championships hosts faced the representatives of **DPR Korea** who gained a confident victory – 6:2 giving up only one of four matches. The **male team sparring final** proved tougher with Russia (thanks to the actions of Andrey Krylov) defeating its rival Croatia only in the last match - 7:3.

In female **individual power breaking Sa Ok Jin (DPR Korea)** had no equals. She was the only one who succeeded in her task. For this reason it was decided not to award silver and bronze medals in this category. The winner in male power breaking is **Vitaly Porcescu (Moldova)**.

Gold medals in team power breaking went to **Greece** (male) and **Canada** (female).

**Theodoros Kosmidis, head coach of Greek team:** In power breaking our team had success due to two aspects: special training we had in this discipline and will to win.

**Andrey Krylov (Russia-1), team sparring World Champion:** I cannot say that the final against Croatia was very tough; we had a considerable point gap during the match. Every one in our team contributed to this victory – even those who did not appear on mat. And my appearance in the last fight was a part of coach's tactics for the finals.

**Vitaly Porcescu (Moldova), power breaking World Champion:** What can one feel standing on podium? I have achieved what I have been striving for, but the joy lasted only during those seconds up the podium. And as soon as went down I felt the necessity to continue work. After competitions everything aches but all this fades against the victory.

**Power breaking**

**Individual competitions,**

**Female:** 1. Sa Ok Jin (DPR Korea) – 20.

**Male:** 1. Porcescu (Moldova) – 48. 2. Enkhtur (Mongolia) – 21. 3. Juraj (Czech Republic) – 18.

**Team competitions,**

**Female:** 1. Canada – 14. 2. Czech Republic – 12.

**Male:** 1. Greece – 28. 2. England – 25. 3. Estonia – 23.

**Team sparring,**

**Female:** 1. DPR Korea. 2. Russia-1. 3. Russia-2, Tajikistan.

**Male:** 1. Russia-1. 2. Croatia. 3. Russia-2, Tajikistan.

